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"You are always performing on TV, whereas radio is very much an interview situation. It is intimate, it is one-on-one, and that is why I love it"

first he was 17, so he has gone from a kid to a "great young man" as his mother would call him.

Are you a worrier?

I go with the flow. I worry for sure but it would never stop me doing anything. It comes back to a lack of confidence and fearlessness. I like things being too settled in my life, I never have. I like the adrenaline so that is why a career in TV suits me. You can't plan, you don't know if you will have a job from one to the next, you have no pension, you are considered extinct by the time you are hitting 50, but I like to take risks in life. I would have overthought things and never done because I am too afraid.

Do you still have to audition for shows?

Yes, I was asked to audition for the Voice, but they wanted to pair me with other presenters to see if it would work. In the end I got the job on my own, which was brilliant. I was the first female host to front the show, which is big news as, generally speaking, a female is the sidekick.

Do you worry the phone will ring?

That will happen, but it is just a matter of when. I have been in the industry for a long time, I have had a good run at it and I know I am good, however there will come a time when someone else will come along. You need to recognise the signs and your bow. I think I would be happy in other forms of work along with broadcasting, and that is the way to look at it.

What is the ultimate goal: Saturday Night with Kath or The Late Late Show?

I would say Ryan would have more to say about The Late Late Show so not that anytime soon, yes, having your own chat show is the pinnacle and I think I will love the chat, the talk and the banter. It is something I would love to do in the future, yes.

